

		mon	tue	wen	thu	fri	sat	sun
08:00 - 09:00	LIVE	BODYPUMP						
09:00 - 10:00	LIVE			BODYPUMP				
09:15 - 10:15	LIVE	ZUMBA						
10:00 - 11:00	LIVE		IOGA					
10:15 - 11:15	LIVE						BODYPUMP	
14:15 - 15:00	LIVE	BODYPUMP	GAP			BODYPUMP		
17:30 - 18:15	LIVE					CARDIO HIIT		
17:30 - 18:30	LIVE	IOGA						
17:45 - 18:30	LIVE		BODYPUMP					
18:00 - 18:45	LIVE				PILATES			
18:30 - 19:15	LIVE	CTC	PILATES					
18:45 - 19:30	LIVE			ZUMBA		GAP		
19:15 - 20:00	LIVE	BODYCOMBAT	CTC					
19:30 - 20:15	LIVE			BODYCOMBAT	BODYPUMP			
20:00 - 20:45	LIVE		ZUMBA					
20:15 - 21:00	LIVE	BODYPUMP		BODYPUMP	BODYCOMBAT			