

		dl	dt	dc	dj	dv	db	dg
07:00 - 08:00	LIVE	BODYPUMP						
08:15 - 09:15	LIVE	PILATES						
09:00 - 10:00	LIVE			BODYPUMP				
09:15 - 10:00	LIVE		BODYCOMBAT					
09:15 - 10:15	LIVE	ZUMBA						
10:00 - 11:00	LIVE		IOGA					
10:15 - 11:15	LIVE						BODYPUMP	
14:00 - 14:45	LIVE	BODYPUMP			BODYCOMBAT			
14:15 - 15:00	LIVE		GAP			BODYPUMP		
14:45 - 15:30	LIVE	BODYCOMBAT						
17:30 - 18:15	LIVE					CARDIO HIIT		
17:30 - 18:30	LIVE	IOGA						
17:45 - 18:30	LIVE		BODYPUMP					
18:00 - 18:45	LIVE				PILATES			
18:15 - 19:00	LIVE			STEP				
18:30 - 19:15	LIVE	CTC	PILATES					
18:45 - 19:30	LIVE				ZUMBA	GAP		
19:00 - 19:45	LIVE			ZUMBA				
19:15 - 20:00	LIVE	BODYCOMBAT	CTC					
19:30 - 20:15	LIVE				BODYPUMP			
19:45 - 20:30	LIVE			BODYCOMBAT				
20:00 - 20:45	LIVE		ZUMBA					
20:15 - 21:00	LIVE	BODYPUMP			BODYCOMBAT			
20:30 - 21:15	LIVE			BODYPUMP				
20:45 - 21:30	LIVE		GAP					